

# Coastal Life of the **PACIFIC COAST**



Stephanie Panlasigui

*Adventure Quick Guides*

DISCOVER TIDEPOOLS AND IDENTIFY  
BEACHCOMBING FINDS AND ICONIC WILDLIFE

# BIRDS

## BIRDS

On the Pacific Coast, you may see birds soaring overhead, perched on cliffs or in trees, swimming atop the water, or even diving into it. Depending on the species, a bird may have different-colored feathers in different seasons or life stages.

The coastal marshes are a great place to look for birds because this important habitat is part of a migratory route known as the Pacific Flyway. Here the birds stop to feed and rest. Peak migration happens twice per year: in the fall, it lasts from mid-August to mid-October; in the spring, it is shorter, from mid-March to mid-April.

## GULLS



**California Gull**  
*Larus californicus*



**Ring-billed Gull**  
*Larus delawarensis*



**Glaucous-winged Gull**  
*Larus glaucescens*



**Herring Gull**  
*Larus argentatus*



**Heermann's Gull**  
*Larus heermanni*



**Western Gull**  
*Larus occidentalis*



# ANEMONES

## ANEMONES

Anemones are invertebrates (animals without bones). They have tentacles for stinging their prey (like small crabs and fish), then moving the food to its mouth.



**Giant Green Anemone**  
*Anthopleura xanthogrammica*



**Aggregating Anemone**  
*Anthopleura elegantissima*

## JELLYFISH & SIMILAR CREATURES

### JELLYFISH & SIMILAR CREATURES

While they are beautiful, their tentacles can sting you. Be on the lookout in the water and while exploring the beach. Keep your distance: tentacles can be long or difficult to see.



**By-the-Wind Sailor**  
*Velella velella*



**West Coast Sea Nettle**  
*Chrysaora fuscescens*



**Moon Jelly**  
*Aurelia aurita*



**Purple-striped Jelly**  
*Chrysaora colorata*

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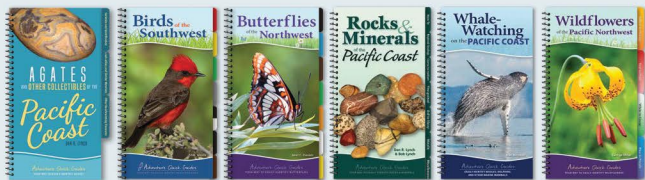
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